

Liner Cleaning/Replacement

The Pacific Adjustable Collar has 3 liners:

1. Proximal Anterior (upper front)
2. Distal Anterior (lower front)
3. Posterior (back)



Cleaning

- Step 1.** Remove all three liners that are attached to the plastic shell.
- Step 2.** Hand wash the liners with mild soap and water.
- Step 3.** Rinse thoroughly and gently squeeze out excess water. Allow to air dry (6-8 hours)
- Step 4.** The plastic shell can also be cleaned with mild soap and water, if needed. Be sure to towel-dry the plastic shell afterwards.
- Step 5.** Re-attach the posterior (back) liner by folding the liner in half, vertically, and placing and placing in the center of the posterior plastic shell. The darker black side should be the side attaching to the plastic. Flatten out and press into the shell. The widest part of the liner should be at the bottom of the collar. The liner should extend beyond the plastic shell at least 1/2" all the way around.
- Step 6.** Re-attach the distal anterior (lower front) liner in the same manner as expressed in step 5.
- Step 7.** Re-attach the proximal anterior (upper front) liner in the same manner as expressed in step 5.

Note: It is important to ensure the liners are kept clean and dry. The liners should be changed and cleaned as needed. Do not use a washing machine, dryer, bleach, or harsh chemicals when cleaning liners or straps.

General Use and Care Precautions

The use of orthoses should be supervised by a qualified and certified orthotist, or orthotic fitter. Failure to correctly fit the orthosis and educate the patient and/or patient's care giver regarding proper adjustment, positioning and monitoring procedures could result in discomfort, or skin irritation due to the highly supportive and restrictive nature of these medical devices. Any pads fit to device should always remain in place except when briefly removed for cleaning. Removal of the pads of an orthotic device can result in skin irritation or breakdown. Do not wear the orthosis without padding.

- Appropriate positioning of the patients wearing an orthosis can help to reduce focal pressure and the risk of irritation. Consult your orthotist on proper positioning and use of the orthosis.
- The patient's skin should be regularly and routinely inspected for signs of irritation. Signs of excessive focal pressure will present as skin redness lasting longer than 30 minutes after repositioning.
- If signs of irritation, or excessive focal pressure should occur, contact a qualified orthotist, or orthotic fitter for evaluation.



635 Executive Dr | Troy, MI 48083
P: 800-521-2192 | 248-588-7480
BeckerOrthopedic.com | f t in

EC REP

Acorn Regulatory Consultancy
Services Limited
Knockmorris Cahir Co. Tipperary Ireland,
Postcode: E21 R766
P 012 4626 8456
F 012 4626 8648



PACIFIC™

ADJUSTABLE COLLAR



Practitioner Fitting/ Application Instructions & Patient Care Instructions



Practitioner Fitting/Application Instructions

Patient Care Guidelines (Detach and give to patient)

Selecting the Correct Size:

1. Measure from the apex of the mandible to the sternal notch in a straight line.
2. Select appropriate collar size based on the height measurement that falls within one of the two ranges.

Model Number	Size	Height Adjustment
C-14A-S-M	Adult/Small/Medium	2-1/4"-3-3/4"
C-14A-M-L	Adult/Small/Medium	3-1/4"-5-1/4"

Application of the Collar:

1. Apply collar to patient's neck, making sure mandible is centered securely in the recess and that the lower portion is flush with the sternum. If the patient is in the supine position, apply the posterior portion of the patient's collar first.
 2. Height of collar can be adjusted by following these steps:
 - a. Turn screws counterclockwise one full turn to loosen.
 - b. Move plastic shell vertically until desired height is reached.
 - c. Re-tighten screws.
- CAUTION – Do not over torque screws.**
3. Secure with strap.
 4. Make any final adjustments as necessary. The space between the anterior and posterior sections should be even on both sides.
 5. Cut off excess strap as needed.

Your collar should only be removed to wash your face and neck and to change/clean the liners, unless otherwise instructed by your practitioner.

Important note: Always follow the instructions given by your practitioner. Should you notice extreme discomfort, skin breakdown, increased pain, numbness or tingling, please consult your healthcare practitioner immediately.

Removal:

1. To remove the collar, release the strap on one side of the collar only (Fig.1). Remove the collar and set it aside.
2. Keeping your neck still and straight, gently wash and thoroughly dry your face and neck.
3. If necessary, replace liners with clean, dry liners. (See instructions on back for proper cleaning procedures)

Re-application: (While facing mirror, if possible)

4. To re-apply the collar, place the anterior (front) portion on your neck. Important note: Do not loosen knobs or attempt to change the height of the collar. All adjustments must be made by your practitioner to ensure proper fitting.
5. While securely holding the front portion to your body, swing the back portion to the back of your neck and feed the strap through the loop. Pull the strap forward until the collar is snug and secure the strap in place (Fig.2).



Figure 1



Figure 2

